

Sindh Madressatul Islam University (SMIU) Karachi

Policy on Anti-Drug and Tobacco Control

1. Preamble

Sindh Madressatul Islam University (SMIU) is committed to providing a safe, healthy, and productive academic environment for its students, faculty, staff, and visitors. In line with national laws, Higher Education Commission (HEC) directives, and international best practices, this Policy on Drug and Tobacco Control is formulated to prevent, discourage, and address drug abuse and unlawful tobacco use within the University.

2. Purpose and Objectives

The objectives of this policy are to:

- Ensure a drug-free and smoke-free campus environment at SMIU.
- Protect the physical, mental, and social wellbeing of students, faculty, staff, and visitors.
- Create awareness about the health, legal, and disciplinary consequences of drug abuse and tobacco use.
- Establish clear procedures for prevention, reporting, support, and disciplinary action.
- Provide counseling, rehabilitation support, and de-stigmatized assistance to affected individuals.

3. Scope and Applicability

This policy applies to:

- All students (undergraduate, graduate, and postgraduate), regular faculty, officers, staff, contract/visiting/corporate employees, third party and visitors.
- All premises of SMIU, including academic blocks, offices, libraries, laboratories, cafeterias, sports facilities, transport, and any other areas owned, managed, or controlled by the University.

4. Definitions

For the purpose of this policy:

- **Drugs** include narcotic drugs, psychotropic substances, pharmaceutical drugs used without prescription, sedatives, tranquilizers, and alcohol prohibited under Pakistani law.
- **Drug Abuse** means possession, use, sale, or distribution of prohibited drugs.
- **Smoking/Tobacco Use** includes smoking or consumption of tobacco in any form prohibited under applicable laws.
- **Illicit Smoking** refers to smoking for the purpose of drug consumption.

5. Anti-Drug and Tobacco Committee (ADTC)

5.1 Composition of the ADTC

- a) The committee shall be headed by the senior most committee member and include:
- b) Director Student Affairs or senior university officer / faculty designated as Chair of the accessibility committee.
- c) Two members from the faculty (one male and one female, both female in case of all women university)
- d) At least one member from the student body as may be prescribed by the university
- e) One representative of psychological wellbeing committee / university's medical center / planning & development department
- f) One staff member deputed as secretary to the ADTC.

5.2 Tenure and Meetings

- Members shall serve for a period of three (2) years.
- Three members shall constitute a quorum.
- The Committee shall meet as and when required.

5.3 Functions and Responsibilities

The ADTC shall:

- Ensure implementation of this policy across the University.
- Investigate complaints related to drug abuse and tobacco use.
- Recommend preventive, corrective, and disciplinary actions.
- Coordinate with counseling, medical, and rehabilitation services.
- Conduct awareness and prevention activities.

6. Focal Person

The focal person of the ADTC shall be designated as the Point of Contact for Drug and Tobacco Control. The Focal Person shall:

- Serve as the first point of contact for complaints and requests for support.
- Maintain confidential records of complaints and actions taken.
- Coordinate between complainants, the ADTC, counselors, and management.

7. Preventive Measures and Awareness

SMIU shall implement the following preventive measures:

- Mandatory orientation sessions for newly admitted students and newly appointed faculty/staff.
- Display of “**No Smoking**” and **drug prohibition** notices at prominent places.
- Distribution of awareness materials through handbooks, notice boards, and digital platforms.
- Organization of seminars, workshops, walks, and lectures in collaboration with relevant agencies.
- Observance of World No Tobacco Day (May 31) and International Day against Drug Abuse (June 26).

8. Support and Rehabilitation

- SMIU shall provide access to on-campus counseling and psychological support.

- Individuals seeking help for addiction shall be treated with confidentiality and dignity.
- Where necessary, referrals shall be made to external rehabilitation and medical services.
- In case of students, parents/guardians may be informed where required by law or for medical reasons.

9. Complaint and Investigation Procedure

- Any member of the University may submit a written complaint to the Focal Person @ dsa@smiu.edu.pk.
- The identity of the complainant shall remain confidential.
- The ADTC shall conduct a fair inquiry, including hearings and evidence review.
- Decisions shall be communicated in writing within a reasonable time.
- An appeal may be submitted to the Chair, ATDC within seven (7) working days.

10. Disciplinary Action and Penalties

10.1 Drug-Related Violations

Depending on severity:

- Counseling and written warning (first-time/minor offense).
- Suspension, expulsion, or termination in case of serious or repeated violations.
- Reporting to law enforcement agencies where required.

10.2 Tobacco-Related Violations

- Written warning for first violation.
- Suspension or disciplinary action for repeated violations.
- Fine and legal action against visitors or vendors involved in unlawful sale or use.

11. Monitoring and Compliance

- Annual surveys shall be conducted to assess awareness and effectiveness of this policy.
- The ADTC shall submit an annual compliance report to the University management.
- This policy shall be reviewed periodically and updated as required.

12. Undertakings

All students, faculty, and staff shall sign an undertaking affirming compliance with this policy at the time of admission or appointment.

13. Effective Date

This policy shall come into force with immediate effect upon approval by the competent authority of Sindh Madressatul Islam University.